

Lake Shore Middle/High School Breakfast Menu

April 2021



Children, who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight.



Menu is subject to change.

Free Breakfast For All Students Great Way To Start Your Day

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Croissant Breakfast Sandwich w/Sausage Or Cinni Mini ----- Assorted 100% Juice ----- Non or Low Fat Milk	2 Good Friday No School
5 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	<p>Spring Recess No School 5th Thru 9th</p>			
12 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	13 Croissant Breakfast Sandwich w/Sausage Or Cinni Mini ----- Assorted 100% Juice ----- Non or Low Fat Milk	14 Bagel Breakfast Sandwich w/Sausage Or Bagel w/Cream Cheese ----- Assorted 100% Juice ----- Non or Low Fat Milk	15 Croissant Breakfast Sandwich w/Sausage Or Cinni Mini ----- Assorted 100% Juice ----- Non or Low Fat Milk	16 Bagel Breakfast Sandwich w/Sausage Or Bagel w/Cream Cheese ----- Assorted 100% Juice ----- Non or Low Fat Milk
19 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	20 Bagel Breakfast Sandwich w/Sausage Or Cinni Mini ----- Assorted 100% Juice ----- Non or Low Fat Milk	21 Croissant Breakfast Sandwich w/Sausage Or Bagel w/Cream Cheese ----- Assorted 100% Juice ----- Non or Low Fat Milk	22 Bagel Breakfast Sandwich w/Sausage Or Cinni Mini ----- Assorted 100% Juice ----- Non or Low Fat Milk	23 Croissant Breakfast Sandwich w/Sausage Or Bagel w/Cream Cheese ----- Assorted 100% Juice ----- Non or Low Fat Milk
26 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	27 Croissant Breakfast Sandwich w/Sausage Or Cinni Mini ----- Assorted 100% Juice ----- Non or Low Fat Milk	28 Bagel Breakfast Sandwich w/Sausage Or Bagel w/Cream Cheese ----- Assorted 100% Juice ----- Non or Low Fat Milk	29 Croissant Breakfast Sandwich w/Sausage Or Cinni Mini ----- Assorted 100% Juice ----- Non or Low Fat Milk	30 Bagel Breakfast Sandwich w/Sausage Or Bagel w/Cream Cheese ----- Assorted 100% Juice ----- Non or Low Fat Milk

Breakfast Menu

Free For All Students

NYS apples from LynOaken Farms.
We offer fresh or prepared fruit daily.

All Juice served is 100%

Served Daily

Pop Tarts, Cinnamon Rolls,
Cocoa Puff Bars, Cinnamon Toast
Cereal Bars



Skim, 1% White or LF Chocolate
NYS Upstate Farms Milk
Served Daily

Start With:

- One Entree
- Fruit
1-100% Juice Cup or
1-Fresh Fruit
- Add Serving of Milk

Must Take a Minimum of 3 Items for a Complete Breakfast